



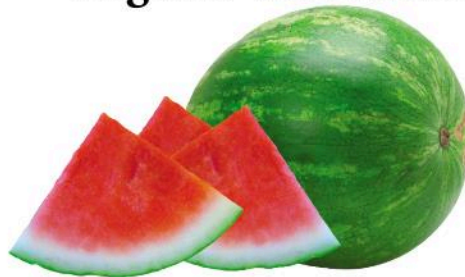
Good August 1st - 31st, 2016

Fresh Produce
Organic Bananas



15% Off

Fresh Produce
Organic Watermelon



30% Off

Fresh Produce
Organic Peaches



15% Off

Local Spotlight
Seven Sundays



Minneapolis, MN

Seven Sundays is the creation of Minneapolis couple Hannah and Brady. It all started with a borrowed kitchen space, bicycle delivery, and a whole lot of heart.

On their honeymoon adventure to New Zealand, they were inspired to a new way of life- to "Live for Everyday". They have made this their message and are passionate about spreading it far and wide.

Seven Sundays believes that starting the day off right makes for the best day possible. They offer a unique line of products to help you do just that. So sit back, reflect, and enjoy your breakfast. Start everyday as if it were a Sunday.

Deli Made
Potato Salad

50¢
off per LB



Rick's Picks
Pickles

Classic Sours and
Hotties
24 OZ

\$6.49
Reg. \$7.99



Revisit the past with these crunchy, all-natural pickles... minus the gunk of artificial ingredients.

Seven Sundays
Muesli

All Varieties
12 OZ

\$5.99
Reg. \$6.99



The flagship creation of local business Seven Sundays.

Deli Made
Tangy Carrot
Salad

50¢
off per LB



Vita Coco
Pure Coconut Water

1 LT

\$3.99
Reg. \$5.69

An all-natural, super-hydrating, fat-free, cholesterol-free, nutrient-packed, potassium-stacked, mega-electrolyte coconut water!



Seven Sundays
Muesli Squares

2/\$4
Reg. \$2.79



We like to call this uncompromised convenience...you can call it breakfast!

Something for Everyone!

Chicken Nuggets Ian's & Quorn



2/\$8

Annie's Homegrown Macaroni & Cheese

Classic
6 OZ



4/\$5

Reg. \$2.99 each

"True Blue" a totally delicious product that is made with real cheddar cheese and organic pasta.

Annie's Homegrown Organic Bunny Fruit Snacks

All Varieties
4 OZ



\$3.49

Reg. \$6.39

A delicious mix of strawberry, cherry and raspberry flavored gummy bunnies.

Annie's Homegrown Pizza Poppers

All Varieties
5 OZ



2/\$6

Reg. \$4.39

Delicious, bite-sized snacks made with 100% real cheese, tomato sauce & uncured pepperoni, all wrapped in a golden crust.

Plainville Sliced Sandwich Meat

Organic & Natural Varieties



**50¢
off**

Rudi's Organic Bread

All Varieties
22 OZ

\$3.99

Reg. \$5.99



Midel Snaps

GF Ginger &
Traditional Vanilla
8 OZ

\$3.49

Reg. \$4.79



Crofters Organic Premium Spread

All Varieties
10 OZ

\$2.99

Reg. prices vary



Pacific Natural Foods 4 Pack All Natural Almond Beverage

All Varieties
4/8 FL OZ

\$3.99

Reg. \$5.89



Contains fresh nuts and grains so that each beverage has its own unique flavor.

Field Day Organic Peanut Butter

All Varieties
18 OZ

\$4.99

Reg. \$5.99



Annie's Homegrown Baked Snack Crackers

All Varieties
7.5 OZ

\$3.49

Reg. \$4.99



Annie's White Cheddar Bunnies have all the great flavor that Annie's is known for.

Annie's Homegrown Organic Fruit Tape

All Varieties
4.5 OZ

\$3.49

Reg. \$6.29



With real fruit & fruit juice as the first ingredients, snack-time is the real, certified organic deal. Peel open a roll and let the fruity fun unravel.

Annie's Homegrown Cookies

All Varieties
8.4 OZ

\$3.49

Reg. \$4.99



No high fructose corn syrup, hydrogenated oils, artificial flavors, synthetic colors or preservatives like in other packaged cookies.

Annie's Homegrown Mini Pizza Bagels

All Varieties
6.65 OZ

\$3.99

Reg. \$5.99



Rice Dream Non-Dairy Frozen Dessert Bites

Vanilla
6.6 FL OZ

\$3.99

Reg. \$5.59



Bitty bites of sweet indulgence for a snack or anytime treat.

Rice Dream Dairy Free Dream Pie

Vanilla and Mint
3.7 FL OZ

4/\$5

Reg. \$1.79



Rice Dream between carob coated oatmeal cookies makes the ultimate dessert or snack.

Love Grown Foods
Mighty Flakes
Cereal

All Varieties
12 OZ

\$3.99
Reg. \$5.99

Made with beans!



Mom's Best Naturals
Cereal

All Varieties
22 OZ

\$3.99
Reg. \$4.99



One Degree Organic Foods
Organic Veganic
Cereal

All Varieties
8 OZ

\$3.99
Reg. \$6.39

100% vegan - from the ground up.



So Delicious
Organic Coconut Milk
Beverage

32 FL OZ

\$1.99

A versatile beverage great on cereal, in coffee, or poured into a tall glass.



Bulk - Organic
Fresh Ground
Peanut Butter



\$3.99/LB

Reg. \$5.49/LB

Bulk - Organic
Chia Seeds



\$4.99/LB

Reg. \$5.99/LB

Bulk
Whole Wheat Fig Bars



\$4.99/LB

Reg. \$6.59/LB

Bulk - Local
Lake Harvested Wild Rice



\$11.99/LB

Reg. \$13.99/LB

Organic Valley
Organic Milk

6.75oz

50¢
Off



Evolution Fresh
Juice Blends
& Smoothies

15.2 FL OZ

\$1.00
Off



Honest Tea
Organic Bottled
Tea

16 FL OZ

2/\$3



Blue Sky
Natural Soda

All Varieties
6/12 FL OZ

2/\$5

Kettle Brand
Krinkle Cut
Potato Chips

Salt & Pepper and
Sea Salt
13 OZ

\$4.49

A generously thick slice, onto which deeply crevassed krinkles are carved.



Santa Cruz Organic
Organic Apple Sauce

All Varieties
6/4 OZ

\$3.99



Get the fresh fall flavor of apples all year long!

Rxbar
Protein Bar
Apple Cinnamon

1.83 OZ

2/\$5

Protein packed
goodness!



Kind
Granola Bars

All Varieties
5/1.2 OZ

2/\$6



Lilly's Hummus
Hummus

4/2 OZ Varieties

10% Off

This nourishing, hearty Classic Hummus is destined for repeated dippings.



Organic Valley
Organic Balance
Protein Shakes

11 FL OZ

50¢
Off

Perfectly portioned for a quick breakfast, a light snack, or anything in between.



Organic Valley
Organic
Fuel Milk
Shake

11 FL OZ

50¢
Off

A game-changing, organic recovery shake packed with 26 grams of high-quality milk protein to help get your body to its absolute peak.

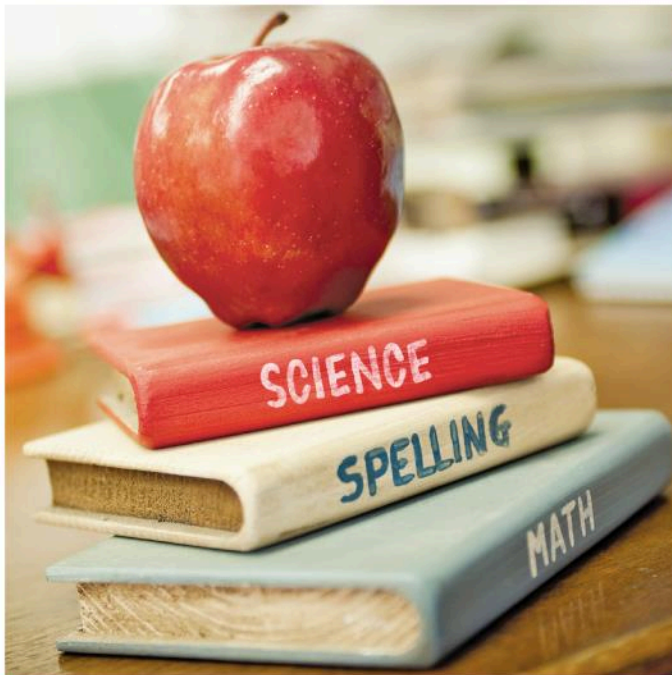


Perfect Bar
Organic
Gluten Free
Perfect Bar

2.5 OZ

10% Off





Company Highlight ONYX & GREEN

Back to school is just around the corner. So, here at the Good Earth we wanted to offer our customers back to school, or office, items that we can all feel good about. That's why we are proud to support the ONYX&GREEN company.

The company offers a wide array of products from backpacks to pencils, all of which are affordable and functional. What makes this company so unique though is how environment friendly they are.

The products use mostly recycled and natural materials with the goal of increasing awareness of protecting our environment.

It is the first brand in its field to use a wide range of post-consumer and post-industrial recycled materials such as bamboo, stone, corn starch, newspaper and biodegradable and natural fabrics like jute and cotton.

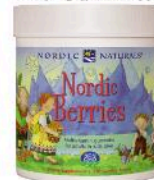
They continue to innovate when new and more eco-friendly processes come along. Come check out these fun and awesomely unique products in store!

Supplements & More.....

Onyx & Green \$1.00 Off!

Any School Or Office Supply
Coupon Necessary
Good August 1-31st

Nordic Naturals
Nordic Berries
120 Gummies



\$18.99
Reg. \$23.99

Promotes Children's Health.

Nordic Naturals
Children's DHA
All Sizes



20% Off

A delicious way for kids to supplement with the essential brain nutrient, DHA.

Trace Minerals Research
Children's Probiotic
30 CT



\$11.99
Reg. \$14.99

Trace Minerals Research
Eat Clean Bar



\$2.69
Reg. \$2.99

Child Life Essentials
Child's Multi
8 OZ



\$15.99
Reg. \$17.89

The full spectrum of essential vitamins and minerals support healthy development, strong immune function as well as emotional and mental vitality.*

Herb Pharm
Kids Ear Oil
1 OZ



\$10.99
Reg. \$11.99

All Terrain
Fragrance Free
Hand Sanz
2 OZ



\$2.99
Reg. \$3.99

Kills 99.9% of germs and bacteria without chemicals and it can be used anywhere, anytime!

Alaffia
Babies & Up
All Products



15% Off

Nature's Gate
Cherry Toothpaste
5 OZ

\$4.99
Reg. \$5.89



Badger
Lip Balm
All Flavors



\$1.99
Reg. \$2.29

At The Good Earth Food Co-Op, Customer service is our priority. Come taste the freshness that is prepared daily with whole, natural foods!

The Good Earth's mission is to offer nutritious foods and other products for the lowest feasible prices and to promote healthful lifestyles.
- The Good Earth Team!

What do our symbols mean?



Wheat/Gluten-Free Product



Local Product



Staff Pick/Favorite Product



Vegan Product

Proudly Serving our Community Since 1971

PRINTED WITH SOY INK ON RECYCLED PAPER.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.